

Nad's® WAXING DOTS

WARNING!

READ ALL DIRECTIONS, WARNINGS AND PRECAUTIONS CAREFULLY BEFORE USE. FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN SKIN IRRITATION/INJURY, BURNS OR DAMAGE TO YOUR MICROWAVE OVEN. WAX MAY BE HOT AFTER HEATING. PLEASE USE CAUTION. KEEP OUT OF REACH OF CHILDREN. DO NOT EAT.

DIRECTIONS FOR USE

1. BEFORE YOU START WAXING

- Ensure your skin is clean, dry and free of oils and moisturisers.
- Cover the floor area where you will be conducting the waxing with old newspapers or an old towel in case of spillage.
- Hair must be a minimum of 3mm (1/8 inch) long. If much longer, trim to this length.
- Make sure you have this leaflet close at hand.
- **PLEASE NOTE:** Do not use the Post Wax Calming Oil/Wipes until you have fully completed the waxing as this will prevent the wax from adhering.

2. HEATING THE WAX

REMOVE LID, OIL WIPES, LEAFLET, WOODEN SPATULA AND ANY OTHER ITEMS, EXCEPT FOR THE WAX BEADS, FROM THE JAR BEFORE HEATING. DO NOT HEAT THE WAX JAR WITH THE SPATULA OR ANY OTHER OBJECT IN IT. DO NOT USE IF JAR HAS ANY VISIBLE DEFECTS OR IS DEFORMED WHILE HEATING.

- Place the jar off center in the microwave oven on a microwavable plate.



- Refer to the heating guide in table below.

Amount of wax in the jar	Heating time*
Full jar	1 minute 15 seconds
Half jar	1 minute

*Heating time provided as a guide for 1000W microwave oven. Heat only in a microwave. Do not heat in oven, saucepan or hot water. Microwaves vary in power, so heating times provided are an indication only. Never leave the microwave unattended during heating.

WARNING: DO NOT EXCEED THESE HEATING TIMES. NEVER LEAVE THE HEATING WAX UNATTENDED. NEVER ALLOW WAX TO BOIL. OVERHEATED WAX CAN CAUSE SERIOUS BURNS. IF THE WAX IS LIQUID OR BUBBLING, IT HAS BEEN OVERHEATED. DO NOT REMOVE FROM MICROWAVE UNTIL WAX HAS COOLED DOWN.

- Carefully watch the product during heating in order to stop the microwave immediately in the event something unusual occurs (sparks, smoke, bubbling wax, overflowing wax etc.).
- Leave the jar to stand in the switched off microwave for 1 minute before taking it out to ensure a better diffusion of heat through the wax.
- Before removing jar, GENTLY touch the jar to check that it is not too hot to handle.
- Carefully remove the jar from the microwave, keeping it upright at all times to prevent spillage. Place the jar onto an old newspaper or a paper towel.

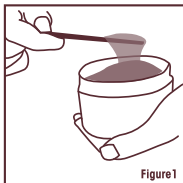


Figure 1

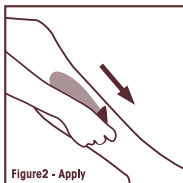


Figure 2 - Apply

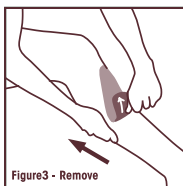
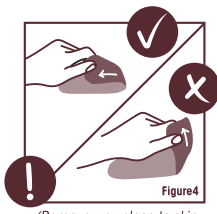


Figure 3 - Remove



(Remove wax close to skin. Don't pull upwards)

3. CHECKING THE TEMPERATURE

IMPORTANT: IF THE WAX IS STILL SOLID, IT MAY BE BOILING HOT UNDERNEATH AND COULD SPIT OUT WHEN SPATULA IS INSERTED. DO NOT PUSH THE SPATULA INTO THE WAX. WAIT FOR AT LEAST 3 MINUTES UNTIL THE SOLID PART HAS SOFTENED. IF AFTER 3 MINUTES THE SURFACE IS STILL SOLID, THEN FURTHER HEATING IS REQUIRED.

- Gently stir the product with the wooden spatula to ensure all the beads have melted to form a uniform consistency. (Figure 1). The product is ready when the wax has the consistency of thick honey, without any solid beads.
- If solid beads are present or the wax is difficult to stir or spread, put it back in the microwave for 10 seconds at a time (never more) until the ideal consistency is achieved.
- When the wax has the right consistency, carefully check the temperature by placing a small amount on the inside of your wrist before proceeding with the full treatment.
- When the temperature is at a comfortable level, only then begin with the hair removal process. If the wax is too hot, let it cool down to a comfortable temperature.

4. APPLYING THE WAX

- Dip spatula into the centre of the jar, scoop the wax out, then rotate the spatula to prevent the wax from dripping.
- Always apply the wax in the same direction as the hair growth (Figure 2).
- Leave a small amount of wax at curling up the end of the patch to make it easier to remove.
- Let the wax cool on your skin for approx 30 seconds, until it is still soft and pliable but no longer sticky to touch. If wax is left on skin too long (more than 1 minute), it may become hard and difficult to remove.

5. REMOVING THE WAX

- Hold the skin taut with one hand. Lift end of wax with fingers of free hand (Figure 3). Grip wax and with a quick motion, remove wax close and parallel to the skin in the opposite direction of hair growth (Figures 3&4).
- Immediately after removal, apply firm pressure to the area with your fingertips to relieve sensitivity.
- Do not reuse the wax or re-wax area if skin is red and irritated.
- Do not leave the spatula in the wax after use. Scrape excess wax off the spatula before storing.
- Use the Nad's Post Calming Oil/Wipes to remove any wax residue. Do not attempt to use water. Use baby oil or coconut oil to remove wax residue if you run out of oil/wipes.

NOTE: AFTER USE ALWAYS WAIT 24 HOURS BEFORE USING ANTIPERSPIRANT, SOAP, PERFUME OR ASTRINGENT LOTION ON THE TREATED AREA.

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TIPS FOR WAXING SPECIFIC AREAS

FACE

Hair on upper lip grows in two directions, so treat it in two stages. Chin hair should be removed by pulling the wax upwards towards the nose. For cheeks and sideburns, spread the wax from the cheekbone down and pull wax up towards the forehead. Do not treat the same area twice. (Figure 5&6)

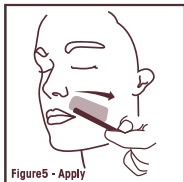


Figure 5 - Apply

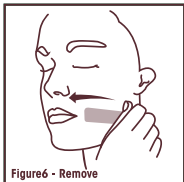


Figure 6 - Remove

LEGS

Based on the direction of hair growth, wax should be applied starting from the top down towards the ankle. Remove wax in the opposite direction. (Figure 7&8)

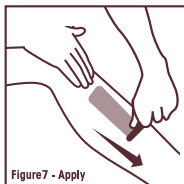


Figure 7 - Apply

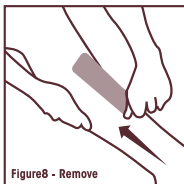


Figure 8 - Remove

BIKINI

Ensure you start from the outside and work your way into the more sensitive areas. Wax the bikini line moving inwards in the direction of hair growth. When waxing around the more intimate regions, it is advisable to use a mirror. (Figure 9&10)

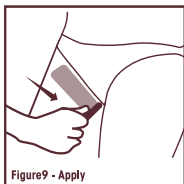


Figure 9 - Apply

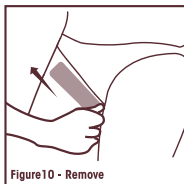


Figure 10 - Remove

UNDERARMS

Underarm hair tends to grow in two different directions so treat in two stages. Hold skin taut by lifting elbow up. Do not treat the same area twice. (Figure 11, 12, 13&14)

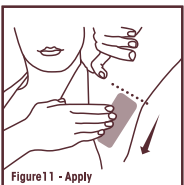


Figure 11 - Apply

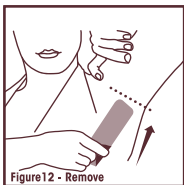


Figure 12 - Remove

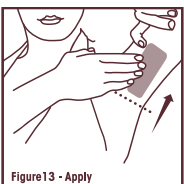


Figure 13 - Apply

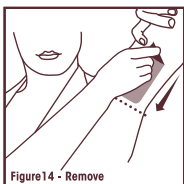


Figure 14 - Remove

WARNINGS AND PRECAUTIONS

- **KEEP OUT OF REACH OF CHILDREN.**
- **DO NOT EAT. CHOKING HAZARD FOR YOUNG CHILDREN.**
- **BEFORE EACH USE, FOLLOWING THE DIRECTIONS FOR USE, FIRST TEST THIS PRODUCT ON A SMALL PATCH OF SKIN IN THE AREA YOU WISH TO TREAT, IF AFTER 24 HOURS THERE IS NO ADVERSE REACTION, PROCEED WITH FULL APPLICATION.**
- Waxing may not be suitable for the elderly or diabetics.
- DO NOT use if you are on any medication which can affect the skin or if undergoing any of the following dermatological treatments: topical retin A, skin peel, dermabrasion or laser resurfacing.
- Do not use on sunburnt, dry, flaky, broken or irritated skin; over warts, pimples, moles, wounds or varicose veins, or if you have suffered any adverse reaction to waxes in the past.
- Avoid waxing sensitive/intimate areas just before or during menstruation.
- Do not use inside the nose or ears, on nipples or scalp.
- Do not bathe in hot water immediately before or after waxing (wait at least 2 hours).
- Do not use on hot or sweaty skin.
- Allow 24 hours before using antiperspirant, soap, perfume or astringent lotion on the treated area.
- If it is normal for skin to appear red after waxing. If discomfort or a persistent burning sensation, pain or bruising is experienced, apply a cold compress to the skin. If irritation persists for over 24 hours, seek medical advice.

PRECAUTIONS FOR POST WAX OIL/WIPES

- Conduct a patch test on a small patch of skin in the area you wish to treat. If after 24 hours there is no adverse reaction proceed with full application.
- Avoid contact with eyes. If contact occurs rinse with water. If irritation persists seek medical advice.
- For external use only.

SHOULD BURNS OCCUR DURING USE, RUN COLD WATER OVER THE AFFECTED AREA FOR 30 MINUTES AND SEEK MEDICAL ATTENTION.

TIPS & HANDY HINTS FOR EFFECTIVE HAIR REMOVAL:

For effective hair removal:

- Ensure hair is at least 3mm or (1/8 inch) long.
- The skin area must be clean and free from oil and moisturisers.
- The skin area must be dry before applying wax.
- Apply the wax in the direction of hair growth.
- Hold skin taut when removing wax.
- Pull wax quickly in the opposite direction of hair growth and parallel to the skin. The quicker you pull the wax, the more effective the hair removal.

FOR A PERFECT FINISH

- Nad's Ingrow Solution is the essential after-hair-removal formula to help minimise ingrown hairs, irritation and redness. Wait 24 hours after hair removal before using.

For an instructional video
& further information visit
nads.com