

# Nad's® FOR MEN

## BARE ESSENTIALS MANSCAPING KIT

### NAD'S FOR MEN NOSE WAX

THIS SPECIALLY FORMULATED HARD WAX IS IDEAL FOR EFFECTIVE REMOVAL OF UNSIGHTLY NOSE HAIR. THE UNIQUE FORMULA CAN ALSO BE USED TO SMOOTH THE NOSE SURFACE. THE SAFETIP™ APPLICATOR DESIGN ALLOWS EASY INSERTION INTO THE NOSE TO TARGET THE VISIBLE NOSE HAIR AROUND THE EDGE OF THE NOSTRILS.

#### BEFORE YOU START WAXING

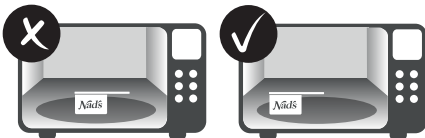
(READ WARNINGS & PRECAUTIONS BEFORE USE)

1. Cover the floor area where you will be conducting the waxing with old newspapers or an old towel in case of spillage.
2. Nose hair must not be longer than 2-3mm. If longer, use a nose hair trimmer to trim back to this length. Do not use scissors.

#### HEATING THE WAX

DO NOT HEAT THE WAX JAR WITH THE APPLICATOR OR ANY OTHER OBJECT IN IT. DO NOT USE IF THE JAR HAS ANY VISIBLE DEFECTS OR IS DEFORMED WHILE HEATING.

1. Remove the seal from the wax jar.
2. Place the jar in the microwave oven, off center on a microwavable plate.



3. Refer to the heating guide in table below.

Amount of wax in the jar	Heating time*
Full jar	2 minutes
1/2 jar	1 minute

\*Heating time provided as a guide for 1000W microwave oven. Heat only in a microwave. Do not heat in oven, saucepan or hot water. Microwaves vary in power, so heating times provided are an indication only. Never leave the microwave unattended during heating.

**WARNING: DO NOT EXCEED THESE HEATING TIMES. NEVER LEAVE THE HEATING WAX UNATTENDED. NEVER ALLOW WAX TO BOIL. OVERHEATED WAX CAN CAUSE SERIOUS BURNS.**

4. Carefully watch the product during heating in order to stop the microwave immediately in the event something unusual occurs (sparks, smoke, bubbling wax, overflowing wax etc.).
5. Leave the jar to stand in the switched off microwave for 1 minute before taking it out to ensure a better diffusion of heat through the wax.
6. Gently touch the jar to check that it is not too hot to handle.
7. Carefully remove the jar with its handle from the microwave, keeping it upright at all times to prevent spillage. Place the jar onto an old newspaper or a paper towel.

#### CHECKING THE TEMPERATURE

**WARNING: IF THE WAX IS LIQUID OR BUBBLING, IT HAS BEEN OVERHEATED. DO NOT USE UNTIL WAX HAS COOLED DOWN. IF THE WAX IS STILL SOLID, IT MAY BE BOILING HOT UNDERNEATH & COULD SPIT OUT WHEN THE WOODEN SPATULA IS INSERTED. DO NOT PUSH THE WOODEN SPATULA INTO WAX. WAIT FOR AT LEAST 3 MINUTES UNTIL THE SOLID PART HAS SOFTENED. IF AFTER 3 MINUTES THE SURFACE IS STILL SOLID THEN FURTHER HEATING IS REQUIRED.**

1. Gently stir the product with the wooden spatula to ensure a uniform consistency, as parts of the wax may be more liquid than others. The product is ready when the wax has the consistency of thick honey, without any solid areas.
2. If the wax is not sufficiently softened and is difficult to stir or spread, put it back in the microwave for 10 seconds at a time (never more) until the ideal consistency is achieved.
3. When the wax has the right consistency, carefully check the temperature of the wax with a small amount on the inside of your wrist before proceeding with the full treatment.
4. If the temperature is comfortable to you, only then begin to proceed with the hair removal process. If the wax is too hot, let it cool down to a comfortable temperature.

### GENERAL WARNINGS & PRECAUTIONS

BEFORE EACH USE, FOLLOW THE DIRECTIONS TO TEST THE PRODUCT ON A SMALL AREA OF SKIN YOU WISH TO TREAT. · IF AFTER 24 HOURS THERE IS NO ADVERSE REACTION, PROCEED WITH FULL APPLICATION. · KEEP OUT OF REACH OF CHILDREN · DO NOT SWALLOW · STORE BELOW 30°C/86°F

READ ALL DIRECTIONS, WARNINGS AND PRECAUTIONS CAREFULLY BEFORE USE. FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN SKIN IRRITATION/INJURY, BURNS OR DAMAGE TO YOUR MICROWAVE OVEN. WAX MAY BE HOT AFTER HEATING. PLEASE USE CAUTION.

### NOSE WAXING

**CAUTION: IF YOU HAVE A MOUSTACHE OR STUBBLE, USE THE MOUSTACHE STENCILS TO PROTECT THE AREA. HOLD THE STENCIL TIGHT OVER THE AREA WHEN INSERTING THE SAFETIP™ APPLICATOR.**

1. Clean the inside of the nostrils with a tissue.
2. Dip the SafeTip™ end of the applicator into the wax and ensure the wax covers the entire base of the collar. Do not dip deeper than the base of the collar (Figure 1).
3. Twist the applicator out of the wax to prevent the wax from dripping.
4. Immediately pull tightly down on your upper lip to hold the skin taut underneath the nose (Figure 2) and insert the SafeTip™ into the nose. The collar should sit outside the nostril (Figure 3). Do not move or twist the applicator once it has been inserted.
5. Let the wax cool inside your nostril for at least 60 seconds but no more than 2 mins.  
**IT IS IMPORTANT TO TIME THIS WITH A WATCH AS ANYTHING LESS THAN 60 SECONDS WILL NOT ALLOW THE WAX TO SET PROPERLY. ANYTHING ABOVE 2 MINUTES WILL CAUSE THE WAX TO BECOME HARD AND BRITTLE. BOTH THESE SITUATIONS WILL RESULT IN WAX REMAINING INSIDE THE NOSTRIL, MAKING IT DIFFICULT TO REMOVE.**
6. To remove, hold the stem of the SafeTip™ applicator tightly and pull down in one swift movement (Figure 4). The quicker you pull the applicator, the more effective the hair removal result. (DO NOT SLOWLY DRAG THE APPLICATOR AS THIS WILL CAUSE TUGGING OF THE HAIR).
7. Discard applicator after use or proceed to using the spatula end for nose surface smoothing (see below).
8. Repeat process for the other nostril.

**IMPORTANT:** Do not leave the applicator in the wax after use.

### NOSE SURFACE SMOOTHING

1. Coat the spatula of the applicator with a thick layer of wax. Do not coat the stem of the applicator. Twist the applicator out of the wax to prevent the wax from dripping.
2. Apply the wax in a thick, even layer from the centre of the nose down towards the cheek area (Figure 5). Treat each side of your nose separately.
3. Let the wax cool on the skin for approx 30 seconds until it is still soft and pliable but no longer sticky to touch. If wax is left on skin too long, it becomes hard and brittle.
4. Hold the cheek taut with the free hand. Carefully flick the wax, starting at the outer edge, then tightly grip the wax and remove in one quick motion towards the centre of the nose (Figure 6).
5. Repeat process for opposite side of the nose.
6. Discard the applicator after use.

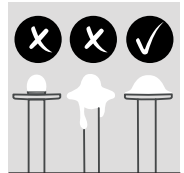


Figure 1

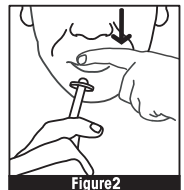


Figure 2



Figure 3

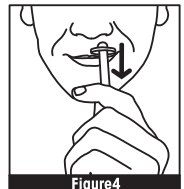


Figure 4

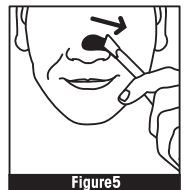


Figure 5

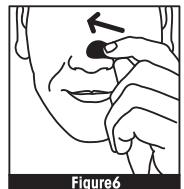


Figure 6

### WARNINGS AND PRECAUTIONS: NOSE WAX

- Suitable for inside the nostril and nose surface. Not suitable for male beard area, breast, nipple, scalp, perineal or genital areas.
- Consult your specialist if you have had nose/nasal surgery in the past 12 months.
- Do not use if you have a nose piercing.
- Do not use if you have low or reduced immunity.
- Do not use if you have a cold or runny nose.
- Waxing may not be suitable for the elderly or diabetics.
- Do not use if taking oral retinoids, blood thinning or skin thinning medication.
- Do not use on sunburnt, dry, flaky, broken or irritated skin; over warts, pimples, moles or wounds or if you have suffered an adverse reaction to waxes in the past.
- Do not use on or around the eyes or eyelashes.
- Heat only in a microwave. Do not heat in oven, saucepan or hot water.
- Microwaves vary in power, so heating times provided are an indication only.
- Never leave the microwave unattended during heating. Failure to follow the correct wax setting time may result in wax residue remaining in the nostril. If this occurs, carefully use blunt-ended tweezers to grab onto the wax and pull wax out. Do not attempt to use scissors.
- It is normal for skin to appear red after waxing. In case of persistent redness, burning sensation, pain or bleeding apply a cold compress and seek immediate medical advice. Should burning occur, run cold water over the affected area for 30 minutes and seek medical attention.
- Along with nose hair plucking, nose picking and pimple popping, nose waxing carries a very small infection risk. In the unlikely event that infection should occur, we recommend you seek immediate medical advice for treatment.

# Nads® FOR MEN

## BARE ESSENTIALS MANSCAPING KIT

### NAD'S FOR MEN HAIR REMOVAL CREAM

NAD'S FOR MEN HAIR REMOVAL CREAM REMOVES UNWANTED HAIR IN MINUTES. THE CREAM CONTAINS ALOE VERA TO SOOTHE THE SKIN, WHILST THE ACTIVE AGENTS TARGET THE HAIR SHAFT FOR EFFECTIVE AND SMOOTH REMOVAL.

#### DIRECTIONS FOR USE

(READ WARNINGS & PRECAUTIONS BEFORE USE)

1. Apply the cream generously on the area to be treated. Using your hand, smooth cream on to completely cover hair with a thick even layer. Do not rub in. Rinse hands immediately with water. (Figure1).
2. Leave cream on the area to be treated for at least 3 minutes. Using a soft cloth, test a small area for hair removal. If hair does not come away easily, leave the cream on for a few more minutes, without exceeding 6 minutes in total (Figure2).
3. Wipe cream and hair away using a soft cloth (Figure3).
4. Rinse treated area thoroughly with water and gently dry.
5. Clean tube tip with soft cloth, ensuring all traces of cream have been removed.
6. REPLACE CAP AFTER CLEANING.

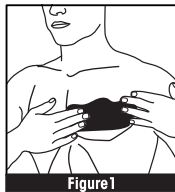


Figure1

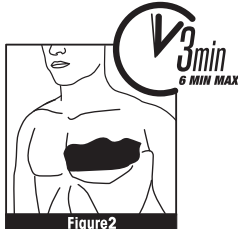


Figure2

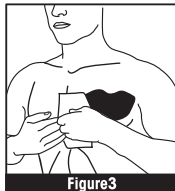


Figure3

#### WARNINGS AND PRECAUTIONS: HAIR REMOVAL CREAM

- Suitable for legs, arms, chest and back. Not suitable for use on the face, scalp, eyes, eyebrows, ears, perianal or genital area.
- If you experience any tingling or burning sensation during use, remove the cream immediately and rinse thoroughly with water. If this sensation persists, seek medical advice.
- **IRRITANT. REPEATED EXPOSURE MAY CAUSE SENSITISATION.** Avoid contact with eyes. Avoid contact with skin except as per instructions. Incorrect use may harm eyes and skin.
- Do not leave on skin for longer than 6 minutes.
- Prolonged or incorrect exposure may produce burns.
- Do not use on sunburnt, dry, flaky, broken or irritated skin; over warts, pimples, moles or wounds or if you have suffered an adverse reaction hair removal creams in the past.
- After use always wait 24 hours before using antiperspirant, perfume or astringent lotion on the treated area.
- Always wait 72 hours between applications.
- Avoid contact with jewellery as discolouring may occur.
- Contains alkali and thioglycolate.
- Product may cause surfaces to become slippery. Ensure cream is rinsed thoroughly from shower surfaces.
- Wash hands after use.
- **FIRST AID: IF SWALLOWED, CONTACT A DOCTOR OR POISONS INFORMATION CENTRE. IF IN EYES, FLOOD WITH WATER FOR AT LEAST 15 MINUTES AND CONTACT A DOCTOR.**

#### GENERAL WARNINGS & PRECAUTIONS

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### NAD'S FOR MEN BROW WAX STRIPS

TIDY UP THE UNIBROW AND STRAY HAIRS BY REMOVING HAIR FROM THE ROOT FOR A REFINED LOOK. JUST RUB, PEEL AND GO FOR RESULTS THAT LAST LONGER.

#### DIRECTIONS FOR USE

(READ WARNINGS & PRECAUTIONS BEFORE USE)

1. Ensure skin is clean, dry and free of oils and moisturisers.
2. Briskly rub strips between palms to ensure wax is warm (Figure1).
3. Slowly separate strip into 2 strips (Figure 2).
4. Immediately place strip over ONLY the area to be treated. Using your index finger, firmly smooth over the strip 3-4 times in the direction of hair growth (Figure3).
5. Holding skin taut with one hand, quickly pull strip off in the opposite direction of hair growth (Figure4). The quicker you pull the strip the more effective the hair removal. Remember to hold skin taut with the other hand and to pull close and parallel to the skin rather than away from the skin (Figure5).
6. Do not treat the same area twice.
7. Remove any excess wax with the Post Wax Calming Oil Wipe provided.

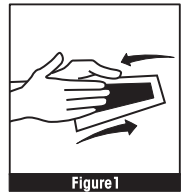


Figure1

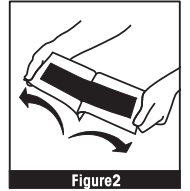


Figure2

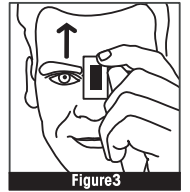


Figure3

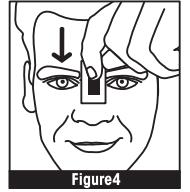


Figure4

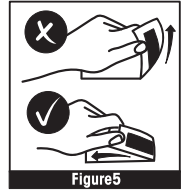


Figure5

Remove strip close to skin. Don't pull upwards.

#### WARNINGS AND PRECAUTIONS: BROW WAX STRIPS

- Suitable for middle brow. Not suitable for male beard area, breast, nipple, scalp, perianal or genital areas.
- Waxing may not be suitable for the elderly or diabetics.
- Do not use if taking oral retinoids, blood thinning or skin thinning medication.
- Do not use if you are having any dermatological treatment such as skin peels, dermabrasion or laser resurfacing.
- Do not use on sunburnt, dry, flaky, broken or irritated skin; over warts, pimples, moles or wounds or if you have suffered an adverse reaction to waxes in the past.
- After use, always wait 24 hours before using antiperspirant, perfume or astringent lotion on the treated area.
- Avoid contact with eyes.
- It is normal for skin to appear red after waxing. In case of persistent redness, burning sensation, pain or bleeding apply a cold compress and seek immediate medical advice.

### CALMING OIL WIPE

USE THE NAD'S POST WAX CALMING OIL WIPE AFTER USING THE BROW WAX STRIPS TO REMOVE ANY WAX RESIDUE. USE BABY OIL TO REMOVE WAX RESIDUE IF YOU RUN OUT OF THE POST WAX CALMING OIL WIPE.

#### WARNINGS AND PRECAUTIONS: CALMING OIL WIPE

- Avoid contact with eyes. If contact occurs rinse with plenty of water.
- If irritation persists seek medical advice.
- For external use only.