

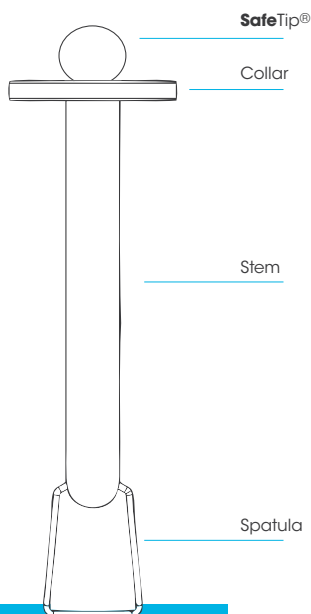
# Nad's<sup>®</sup> FOR MEN NOSE WAX KIT

## DIRECTIONS FOR USE:

**READ ALL DIRECTIONS, WARNINGS AND PRECAUTIONS CAREFULLY BEFORE USE. FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN SKIN IRRITATION/INJURY, BURNS OR DAMAGE TO YOUR MICROWAVE OVEN.**

### BEFORE YOU START WAXING

1. Cover the floor area where you will be conducting the waxing with old newspapers or an old towel in case of spillage.
2. Nose hair must not be longer than 2-3mm. If longer, use a nose hair trimmer to trim back to this length. Do not use scissors.

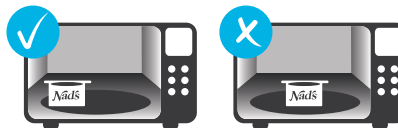


The **SafeTip®** applicator is designed to allow insertion, but reduces the risk of over insertion and consequent disruption of sensitive membranes that line the nasal cavity, in particular the fine hair-like cilia which line these membranes. The cilia perform physiological functions within the nasal cavity and should not be disturbed.

### HEATING THE WAX

**DO NOT HEAT THE WAX JAR WITH THE APPLICATOR OR ANY OTHER OBJECT IN IT. DO NOT USE IF THE JAR HAS ANY VISIBLE DEFECTS OR IS DEFORMED WHILE HEATING.**

1. Remove the seal from the wax jar.
2. Place the jar in the microwave oven, off centre on a microwavable plate.



3. Refer to the heating guide in table below.

Amount of wax in the jar	Heating time*
Full jar	2 minutes
1/2 jar	1 minute

\*Heating time provided as a guide for 1000W microwave oven. Heat only in a microwave. Do not heat in oven, saucepan or hot water. Microwaves vary in power, so heating times provided are an indication only. Never leave the microwave unattended during heating.

**WARNING: DO NOT EXCEED THESE HEATING TIMES. NEVER LEAVE THE HEATING WAX UNATTENDED. NEVER ALLOW WAX TO BOIL. OVERHEATED WAX CAN CAUSE SERIOUS BURNS.**

4. Carefully watch the product during heating in order to stop the microwave immediately in the event something unusual occurs (sparks, smoke, bubbling wax, overflowing wax etc.).
5. Leave the jar to stand in the switched off microwave for 1 minute before taking it out to ensure a better diffusion of heat through the wax.
6. Gently touch the jar to check that it is not too hot to handle.
7. Carefully remove the jar with its handle from the microwave, keeping it upright at all times to prevent spillage. Place the jar onto an old newspaper or a paper towel.

### CHECKING THE TEMPERATURE

**WARNING: IF THE WAX IS LIQUID OR BUBBLING, IT HAS BEEN OVERHEATED. DO NOT USE UNTIL WAX HAS COOLED DOWN.**

**IF THE WAX IS STILL SOLID, IT MAY BE BOILING HOT UNDERNEATH & COULD SPIT OUT WHEN THE WOODEN SPATULA IS INSERTED. DO NOT PUSH THE WOODEN SPATULA INTO WAX. WAIT FOR AT LEAST 3 MINUTES UNTIL THE SOLID PART HAS SOFTENED. IF AFTER 3 MINUTES THE SURFACE IS STILL SOLID THEN FURTHER HEATING IS REQUIRED.**

1. Gently stir the product with the wooden spatula to ensure a uniform consistency, as parts of the wax may be more liquid than others. The product is ready when the wax has the consistency of thick honey, without any solid areas.
2. If the wax is not sufficiently softened and is difficult to stir or spread, put it back in the microwave for 10 seconds at a time (never more) until the ideal consistency is achieved.
3. When the wax has the right consistency, carefully check the temperature of the wax with a small amount on the inside of your wrist before proceeding with the full treatment.
4. If the temperature is comfortable to you, only then begin to proceed with the hair removal process. If the wax is too hot, let it cool down to a comfortable temperature.

# Nads® FOR MEN

# NOSE WAX KIT

## NOSE WAXING

**CAUTION: IF YOU HAVE A MOUSTACHE OR STUBBLE, USE THE MOUSTACHE STENCILS TO PROTECT THE AREA. HOLD THE STENCIL TIGHT OVER THE AREA WHEN INSERTING THE SAFETIP™ APPLICATOR.**

1. Clean the inside of the nostrils with a tissue.
2. Dip the **SafeTip®** end of the applicator into the wax and ensure the wax covers the entire base of the collar. Do not dip deeper than the base of the collar (**Figure 1**).
3. Twist the applicator out of the wax to prevent the wax from dripping.
4. Immediately pull tightly down on your upper lip to hold the skin taut underneath the nose (**Figure 2**) and insert the **SafeTip®** into the nose. The collar should sit outside the nostril (**Figure 3**). Do not move or twist the applicator once it has been inserted.
5. Let the wax cool inside your nostril for at least 60 seconds but **no more** than 2 mins.  
**IT IS IMPORTANT TO TIME THIS WITH A WATCH AS ANYTHING LESS THAN 60 SECONDS WILL NOT ALLOW THE WAX TO SET PROPERLY. ANYTHING ABOVE 2 MINUTES WILL CAUSE THE WAX TO BECOME HARD AND BRITTLE. BOTH THESE SITUATIONS WILL RESULT IN WAX REMAINING INSIDE THE NOSTRIL, MAKING IT DIFFICULT TO REMOVE.**
6. To remove, hold the stem of the **SafeTip®** applicator tightly and pull down in one swift movement (**Figure 4**).

THE QUICKER YOU PULL THE APPLICATOR, THE MORE EFFECTIVE THE HAIR REMOVAL RESULT. **(DO NOT SLOWLY DRAG THE APPLICATOR AS THIS WILL CAUSE TUGGING OF THE HAIR).**

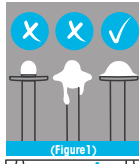
7. Discard applicator after use or proceed to using the spatula end for nose surface smoothing (see below).
8. Repeat process for the other nostril.

## NOSE SURFACE SMOOTHING

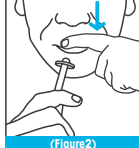
1. Coat the spatula of the applicator with a thick layer of wax. Do not coat the stem of the applicator. Twist the applicator out of the wax to prevent the wax from dripping.
2. Apply the wax in a thick, even layer from the centre of the nose down towards the cheek area (**Figure 5**). Treat each side of your nose separately.
3. Let the wax cool on the skin for approx 30 seconds until it is still soft and pliable but no longer sticky to touch. If wax is left on skin too long, it becomes hard and brittle.
4. Hold the cheek taut with the free hand. Carefully flick the wax, starting at the outer edge, then tightly grip the wax and remove in one quick motion towards the centre of the nose (**Figure 6**).
5. Repeat process for opposite side of the nose.
6. Discard the applicator after use.

## MIDDLE BROW

1. Coat the spatula of the applicator with a thick layer of wax. Do not coat the stem of the applicator. Twist the applicator out of the wax to prevent the wax from dripping.
2. Apply the wax in a thick, even layer from the bridge of the nose upward to above the brow line (**Figure 7**).
3. Let the wax cool on the skin for approx 30 second until it is still soft and pliable but no longer sticky to touch. If wax is left on skin too long, it becomes hard and brittle.
4. Hold the skin on the forehead taut with the free hand. Carefully flick the wax, starting at the outer edge, then tightly grip the wax and remove in one quick motion towards the centre of the nose (**Figure 8**).
5. Discard the applicator after use.



(Figure 1)



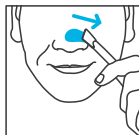
(Figure 2)



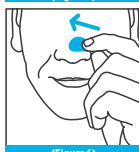
(Figure 3)



(Figure 4)



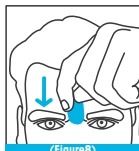
(Figure 5)



(Figure 6)



(Figure 7)



(Figure 8)

## WAXING

1. Use the Post Wax Calming Oil Wipe to remove any wax residue on the surface of the nose. **DO NOT USE THE POST WAX CALMING OIL WIPE INSIDE THE NOSTRIL.** Do not attempt to use water. Use baby oil to remove wax residue from the surface of your nose if you run out of Post Wax Calming Oil Wipes. **DO NOT USE BABY OIL INSIDE THE NOSTRIL.**
2. Do not leave the applicator in the wax after use.

## WARNINGS AND PRECAUTIONS

### NOSE WAX

**Keep out of reach of children** • Consult your specialist if you have had nose/nasal surgery in the past 12 months

- Do not use if you have a nose piercing • Do not use if you have low or reduced immunity • Do not use if you have a cold or runny nose • Waxing is not recommended for the elderly or diabetics • Do not use if taking oral retinoids, blood thinning or skin thinning medication
- Do not use on sunburnt, dry, flaky, broken or irritated skin; over warts, pimples, moles or wounds or if you have suffered an adverse reaction to waxes in the past • Do not use on the eye or eyelashes
- **FOLLOWING THE DIRECTIONS FOR USE, FIRST TEST THIS PRODUCT ON A SMALL PART OF THE AREA YOU WISH TO TREAT. IF AFTER 24 HOURS THERE IS NO ADVERSE REACTION, PROCEED WITH FULL APPLICATION**
- **FAILURE TO FOLLOW THE CORRECT WAX SETTING TIME MAY RESULT IN WAX RESIDUE REMAINING IN THE NOSTRIL. IF THIS OCCURS, CAREFULLY USE BLUNT-ENDED TWEEZERS TO GRAB ONTO THE WAX AND PULL WAX OUT. DO NOT ATTEMPT TO USE SCISSORS.**
- It is normal for skin to appear red after waxing. In case of persistent redness, burning sensation, pain or bleeding apply a cold compress and seek immediate medical advice. **SHOULD BURNING OCCUR, RUN COLD WATER OVER THE AFFECTED AREA FOR 30 MINUTES AND SEEK MEDICAL ATTENTION.**

Along with nose hair plucking, nose picking and pimple popping, nose waxing carries a very small infection risk. In the unlikely event that infection should occur, we recommend you seek medical advice for treatment.

### POST WAX CALMING OIL WIPES

Avoid contact with eyes. If contact occurs rinse with plenty of water. If irritation persists seek medical advice • For external use only. **DO NOT USE INSIDE THE NOSTRIL.**

For an instructional video  
& further information  
visit [nadsformen.com](http://nadsformen.com)