

Nad's NATURAL WARM WAX

DIRECTIONS FOR USE:

READ ALL DIRECTIONS, WARNINGS AND PRECAUTIONS CAREFULLY BEFORE USE. FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN SKIN IRRITATION/INJURY, BURNS OR DAMAGE TO YOUR MICROWAVE OVEN.

1. BEFORE YOU START WAXING

Wash your hands • Thoroughly clean the area to be treated using a Nad's Cleansing Wipe or non-moisturising soap. Ensure all oils, makeup and moisturisers are removed and then wipe skin completely dry. For extra foaming, moisten the Nad's Cleansing Wipe with water.

2. HEATING THE WAX

DO NOT HEAT THE WAX TUB WITH THE SPATULA OR ANY OTHER OBJECT IN IT. REMEMBER TO FIRSTLY REMOVE THE LID AND ALL OF THE FOIL.

1. Place the jar in the microwave oven, off center on a microwavable plate.



2. Refer to the heating guide in table below.

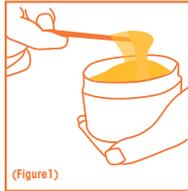
Amount of wax in the tub	1000 WATT Microwave oven
Full jar	10 seconds
1/2 jar	5 seconds

*Heating time provided as a guide for 1000W microwave oven

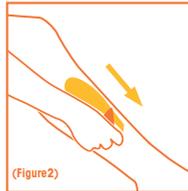
WARNING: DO NOT EXCEED THESE HEATING TIMES. NEVER ALLOW WAX TO BOIL. OVERHEATED WAX CAN CAUSE SERIOUS BURNS.

3. Leave the tub to stand in the switched off microwave for 1 minute before taking it out to ensure a better diffusion of heat through the wax.
4. Take the jar out carefully, preferably using a folded kitchen towel to handle it, as the jar may be hot. Place the jar onto an old newspaper or a paper towel.

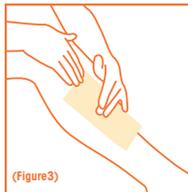
Alternatively, if you do not have a microwave, carefully place the jar in a pot of hot tap water for approximately 5 minutes. Ensure the water level does not rise beyond the Nad's logo on the jar (the wax will become ineffective if it comes into contact with water).



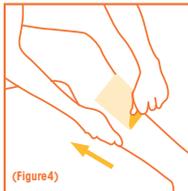
(Figure1)



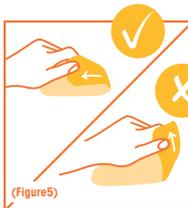
(Figure2)



(Figure3)



(Figure4)



(Figure5)

(Remove strip close to skin. Do not pull upwards.)

3. CHECKING THE TEMPERATURE

WARNING: IF THE WAX IS LIQUID OR BUBBLING, IT HAS BEEN OVERHEATED. DO NOT HANDLE UNTIL WAX HAS COOLED DOWN.

1. Gently stir the product with the spatula to ensure a uniform consistency, as parts of the wax may be more liquid than others (Figure 1). The product is ready when the wax has the consistency of thick honey.
2. If the wax is not sufficiently softened and is difficult to stir or spread, put it back in the microwave for 3 seconds at a time (never more) until the ideal consistency is achieved.
3. When the wax has the right consistency, carefully check the temperature of the wax with a small amount on the inside of your wrist before proceeding with the full treatment.
4. If the temperature is comfortable to you, only then begin to proceed with the hair removal process. If the wax is too hot, let it cool down to a comfortable temperature.

4. APPLY NAD'S NATURAL WAX

Slowly apply a thin layer of wax in the direction of hair growth (Figure 2). Hair should be at least 3-5mm (1/8 - 1/5 inches) long. On some parts of your body, such as your underarms, hair can grow in different directions. Always assess carefully before applying the wax. Please refer to the "Treatment Areas" section overleaf for specific information about different areas of the body. Only apply the wax over the hair you wish to remove. Any residue will wash away with water.

5. APPLY COTTON STRIP

Immediately place strip over the wax. Using the palm of your hand, firmly smooth over the strip 3-4 times in the direction of hair growth (Figure 3). Nad's Cotton Strips can be washed and reused.

6. REMOVE WAX

Holding skin taut with one hand (Figure 4), quickly pull strip off in the opposite direction of hair growth. The quicker you pull the strip back, the more effective the hair removal. Remember to hold skin taut with the other hand and to pull close to the skin rather than away from the skin (Figure 5). The same strip can be re-used by folding the strip in half so that the wax is in contact, massaging the strip between your fingers and slowly peeling the strip open. Continue using the same strip until no longer effective. If any wax residue is left on the skin, simply rinse away with warm water.

NOTE: AFTER USE ALWAYS WAIT 24 HOURS BEFORE USING ANTIPERSPIRANT, PERFUME OR ASTRINGENT LOTION ON THE TREATED AREA.

TREATMENT AREAS:

If you have no waxing experience, try the technique on your legs first before commencing with sensitive areas such as the bikini line or underarms.

Legs & Arms

- Follow general instructions

Underarms

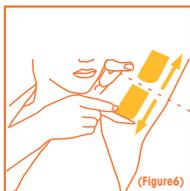
- Underarm hair tends to grow in two different directions so treat in two stages. **Upper underarm:** apply toward the elbow; **lower underarm:** apply down towards the ribs.
- Hold skin taut by placing forearm behind your head and moving your elbow back.
- Alternatively, lift elbow up and back and grip skin with the same hand
- **(See figures6-8).**
- **Tip:** this area is prone to becoming moist, make sure it is absolutely dry before applying the wax.

Upper Lip, Chin, Centre Brow & Eyebrows

- For these delicate areas we recommend using the Nad's Facial Wand Eyebrow Shaper.

Bikini Line

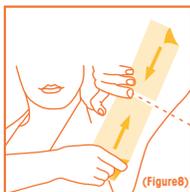
- In this sensitive area it is especially important to keep the skin taut when pulling off the strip by pulling on the skin of your thigh **(See figures9-11).**



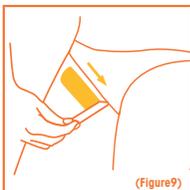
(Apply in direction of hair growth)



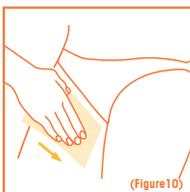
(Rub firmly 3-4 times in the same direction as hair growth)



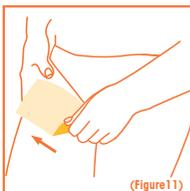
(Remove in opposite direction of hair growth)



(Apply in direction of hair growth)



(Rub firmly 3-4 times in the same direction as hair growth)



(Remove in opposite direction of hair growth)

PRECAUTIONS:

- KEEP OUT OF REACH OF CHILDREN
- **Before each use, follow the directions to test the wax on a small area of skin you wish to treat. If after 24 hours there is no adverse reaction, proceed with full application**
- Not suitable for use on the scalp, nipple, male facial hair, perineal or genital areas
- May not be suitable for the elderly or diabetics
- Do NOT use if you are on any medication which can affect the skin or if undergoing any of the following dermatological treatments: topical retin A, skin peel, dermabrasion or laser resurfacing
- Do NOT use on sunburnt, dry, flaky, broken or irritated skin; or over warts, pimples, moles, varicose veins or wounds; or if you have previously experienced adverse reactions to waxes
- Do NOT use directly after a shower. Wait at least 15 minutes, until skin is dry and moisture-free
- Allow 24 hours before using antiperspirant, perfume or astringent lotion on the treated area
- It is normal for skin to appear red after waxing. If discomfort or a burning sensation is experienced, apply a cold compress to the area. If sensation persists, seek medical advice
- Do NOT store in the bathroom. Store in a dry environment and away from direct sunlight
- Wax may become ineffective if it comes into contact with water

SHOULD BURNING OCCUR, RUN COLD WATER OVER THE AFFECTED AREA FOR 30 MINUTES AND SEEK MEDICAL ATTENTION.

PRECAUTIONS FOR WIPES:

- Conduct a test patch on a small patch of skin in the area you wish to treat. If after 24 hours there is no adverse reaction proceed with full application.
- Avoid contact with eyes. If contact occurs rinse with water. If irritation persists seek medical advice.
- For external use only.

TIPS FOR EFFECTIVE HAIR REMOVAL:

- Ensure hair is at least 3-5mm ($\frac{1}{8}$ - $\frac{1}{5}$ inches) long.
- The area must be clean and free from makeup, oil and moisturisers.
- Ensure the area is thoroughly dried after using the Nad's Cleansing Wipe.
- Apply the wax in the direction of hair growth.
- Hold skin taut when removing wax.
- Pull the cotton strip quickly in the opposite direction of hair growth and parallel to the skin.

FOR A PERFECT FINISH:

- Nad's Ingrow Solution is the essential after-hair-removal formula to minimise ingrown hairs, irritation and redness. Wait at least 24 hours after hair removal before using.

For an instructional video
& further information visit
www.nads.com